

Emerson Epstein, Ph.D.
Curriculum Vitae

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Bridging the gap between science and practice
Increasing access to evidence based psychological services

EDUCATION

Doctor of Philosophy

University of Nevada, Reno 6/16 - 8/22
Program: Clinical Psychology
Dissertation: "Moderators of guided and unguided self-help for depression: The role of self-regulation."
Advisor: Anthony Papa, Ph.D.

Master of Arts

University of Nevada, Reno 8/12 - 5/16
Program: Clinical Psychology
GPA: 3.86
Thesis: "Emotional eating is not for everyone: Examining moderators for the effect of emotions on self-control."
Advisor: Anthony Papa, Ph.D.

Bachelor of Science

University of New Mexico 1/06 - 12/10
Majors: Psychology, Biology
GPA: Cumulative 3.64, Psychology 3.94, Biology 3.61

TRAINING

Postdoctoral Training

Health Psychology Associates 10/22 - 4/24
Clinics: Bariatric Psychology, General Mental Health
Supervisor: Deacon Shoenberger, Ph.D.

Internship Program

William S. Middleton Memorial Veterans Hospital 8/21 - 8/22
Track: Primary Care Mental Health Integration

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Rotations: Primary Care Mental Health Integration, Mental Health Clinic, Health Psychology

Supervisors: Alexis Faris, Ph.D., Lindsey Houghton, Ph.D., Amanda Bohlig, Ph.D.

Externship Placements

Health Psychology Associates 1/20 - 7/20
Clinic: Neuropsychology
Supervisors: Josette Iribarne, Ph.D.

Health Psychology Associates 7/16 - 8/17
Clinics: Bariatric Psychology, Pain Psychology, General Mental Health
Supervisors: Deacon Shoenberger, Ph.D.

Community Health Alliance 7/15 - 6/16
Clinic: Integrated Care
Supervisor: Victoria Follett, Ph.D.

University of Nevada, Reno, Counseling Services 8/14 - 6/15
Experiences: General Mental Health, Eating Disorders
Supervisors: Kris Harris, Ph.D., Yani Dickens, Ph.D.

Departmental Practicums

Functional Analytic Psychotherapy Supervision Team 8/15 - 9/16
Supervisor: William Follett, Ph.D.

Acceptance and Commitment Therapy Team 8/13 - 5/15
Supervisor: Steven C. Hayes, Ph.D.

Cognitive Behavioral Therapy Team 8/12 - 6/15
Supervisor: Anthony Papa, Ph.D.

Clinical Workshops

Cognitive Behavioral Therapy - Insomnia 10/24
Organization: University of Pennsylvania Medical School
Presenters: Michael Perlis, Ph.D., Donn Posner, Ph.D.

Acceptance and Commitment Therapy 9/13
Organization: Utah State University

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Presenter: Michael Twohig, Ph.D.

Motivational Interviewing 3/13

Organization: University of Nevada, Reno

Presenter: Bill Miller, Ph.D.

Relevant Experiences

Motivational Interviewing Skill Code (MISC) Coder 5/19 - 11/19

Company: Lyssn.io, Inc.

Supervisor: Grin Lord, Psy.D.

Crisis Call Center Worker 2/08 - 3/12

Organization: Agora Crisis Center

Director: Molly Brack, M.A.

PUBLICATIONS

Shinagawa, A., Ahrendt, A. J., **Epstein, E.**, Lambin, J., Lambin, R., Cox, M., Gevorkian, J., Shoenberger, D., Sasse, K. (2020). The association between adverse childhood experiences (ACEs) and postoperative bariatric surgery weight loss outcomes. *Obesity Surgery*, 1-9.

Kahler, J., Papa, A., **Epstein, E.**, & Levin, C. (2019). Attributions about bereaved spouses: Testing the myths of coping with loss. *OMEGA-Journal of Death and Dying*, 0(0), 1-28.

Papa, A., & **Epstein, E.** (2017). Emotion and emotion regulation. In S. C. Hayes & S. Hofmann (Eds.), *Core competencies of behavioral and cognitive therapies*. Oakland, CA: New Harbinger.

O'Donohue, W. T., & **Epstein E.** (2015). Scientific metaphysics and ontology. In R. Cautin & S. Lilienfeld (Eds.), *The encyclopedia of clinical psychology*. Hoboken, NJ: Wiley-Blackwell.

Chen, Y., Edgar, J. C., Huang, M., Hunter, M. A., **Epstein, E.**, Howell, B. C., Lu, B. Y., Bustillo, J., Miller, G. A., & Cañive, J. M. (2013). Frontal and superior temporal auditory processing abnormalities in schizophrenia. *Neuroimage: Clinical*, 2, 695-702.

Smith, B. W., **Epstein, E.**, Ortiz, J. A., Christopher, J. P., & Tooley, E. M. (2013). The foundations of resilience: What are the critical resources for bouncing back from

stress? In S. Prince-Embur & D. H. Saklofske (Eds.), *Translating resilience theory for application with children, adolescents, and adults*. New York, NY: Springer.

SELECTED PRESENTATIONS

Epstein, E., Papa, A., Buqo, T., Viernes, J., & Peterson, D. J. (2015, May). *Regulating tendencies for emotional eating: How working memory moderates the effect of emotions on self-control*. Poster session presented at the 27th meeting of the Association for Psychological Science, New York, NY.

Epstein, E., Kahler, J., Viernes, J., Buqo, T., & Papa, A. (2014, May). *Identity disruption: Goal disturbance and its role in grief after job loss*. Poster session presented at the 26th meeting of the Association for Psychological Science, San Francisco, CA.

Epstein, E., Kahler, J., Buqo, T., Papa, A., & Smith, B. W. (2014, April). *Emotional reactivity to music: The role of mindfulness*. Poster session presented at the 1st meeting of the Society for Affective Science, Bethesda, MD.

Kahler, J., **Epstein, E.**, & Papa, A. (2013, May). *The moderating effect of trait dominance and empathy on cooperation behavior for angry, sad, and happy facial expressions*. Poster session presented at the 25th meeting of the Association for Psychological Science, Washington, DC.

Epstein, E., Ortiz, J. A., Klonis, E., Rexroat, A., & Smith, B. W. (2012, May). *Music preference, a contributing factor for the effect of music on self-efficacy*. Poster session presented at the 24th meeting of the Association for Psychological Science, Chicago, IL.

Epstein, E., Rexroat, A., Ortiz, J. A., Vicuña, B., Ziter, J., & Smith, B. W. (2011, May). *The influence of psychosocial factors on first-generation college students' academic confidence*. Poster session presented at the 23rd Annual Convention of the Association for Psychological Science, Washington, DC.

Epstein, E., Lysne, P., Long, J., Sena, B., Monnig, M., Pommy, J., Lewine, J., & Thoma, R. J. (2011, April). *The relationship of alcohol use disorders, sensory gating and neuropsychological factors*. Poster session presented at the 18th meeting of the Cognitive Neuroscience Society, San Francisco, CA.

Vicuña, B., **Epstein, E.**, & Keller, J. (2010, April). *Predictors of academic and emotional well-being in first-generation college students*. Oral session presented at the 80th meeting of the Rocky Mountain Psychological Association, Denver, CO.

AWARDS & HONORS

Wilson, Jerry, and Betty Psychology Scholarship
Cum Laude Graduate from the University of New Mexico
New Mexico Lottery for Success Scholarship